Mission

Stanford Club Sports Athletic Training Program will be capable of creating a safe and efficient environment for athletes to thrive and grow in performance or rehabilitation.
Athletic Trainer

Scope of Responsibility

Athletic Trainers (ATC) are healthcare professionals who collaborate with physicians to optimize activity and participation of patients. Athletic trainers encompass injury/illness prevention, clinical evaluation, emergency care, and treatment and rehabilitation of acute/chronic medical conditions.

The On-Call Athletic Trainer will provide event coverage emergency care and injury evaluation of host and visiting teams if they do not have a medical personnel. They will maintain communication with the Club Sports Athletic Trainer.

The Team Athletic Trainer will be responsible for all athletic training services of designated team. They will maintain communication with the Club Sports Athletic Trainer and team physician and Vaden physician.
Pre and Post Event Responsibilities

An ATC will be able to effectively identify and execute their role and their responsibilities for the event they are covering.

Pre-Event

**Confirmation**: Athletic Trainer will confirm with Club Sports Athletic Trainer a week prior to event covering. During the confirmation, the following will be established.

- Event Covered
- Time and Venue
- Event Director’s contact info (phone and email)
- EAP of Venue

**Equipment**: The Athletic Trainer is responsible for bringing the following equipment.

- Treatment table
- Ice Chest (The team will provide ice for acute injury)
- Athletic Training Medical Kit (Consists of expendable items including tape, band aids, gauze, etc)
- AED (If the venue does not provide one the Athletic Trainer will be able to pick it up from the Club Sports Athletic Training Room)

Any other equipment that is deemed by the event will be discussed with the Club Sports Athletic Trainer. Other equipment can include water coolers, splint bag, crutches, and rehab tools.

**Venue Check**: The Athletic Trainer will confirm with the event director of the event location. The Athletic Trainer will arrive 15 minutes prior to designated work time to assess and familiarize location and EAP. The Athletic Trainer will coordinate with event director where to set up treatment table. The Athletic Trainer is responsible for introducing...
themselves to the coach/captains of the visiting team to let them know that an Athletic Trainer is available for them.

**Pre-Existing Injury Check:** The Athletic Trainer will communicate with Club Sports Athletic Trainer and Event director whether the host team has any prior injuries the Athletic Trainer should be aware of.

**Post Event**

**Clean up:** Please clean up trash and your belongings around the area you worked.

**Report:** After each event, the Athletic Trainer is responsible for filling out the google form below.

https://goo.gl/forms/GuuRb12QrVkHRI3G2

This will record hours worked, event covered, injury count, EMS activation, and any feedback you have on this event coverage.

**Injury Report:** If any injury occurred, please fill out this report.


**Incident Report:** If an limb-threatening or life threatening event occurred, please fill out the injury report and SU-17B report.

**Return of Equipment:** Return any equipment borrowed from the Club Sports Athletic Training Room within 48 hours. If the Club Sports Athletic Trainer is not available in the Club Sports Athletic Training Room please talk to Front Desk Staff at AOERC to open up the Room to drop equipment off.
Ongoing Athlete Welfare Reporting

ATC will be able to work collaboratively with the Club Sports Head ATC to provide services in conjunction with Stanford Resources to ensure the efficient and effective return of athletes return from injury.

Reporting Relationship and Access Method

Athletes are responsible for assuming all financial obligations incurred for treatment of any injury or illness that may be sustained as a result of participation in Club Sports. Stanford University provides no insurance coverage for participants; therefore, he/she must to have accident/medical insurance that is equal to or greater than that offered through Cardinal Care (Student Health Insurance) Plan.

Insurance is not needed to see the Club Sports Athletic Trainer. However, if your injury warrants referral of care it will be necessary to provide proof of insurance.

The student will be held responsible for all medical bills acquired with the referral of care.

When the Athletic Trainer refers an athlete to physician’s office, the Club Sports Athletic Trainer is notified. Please refer to the physician care below.

Dr. Michael Fredericson is Professor of Orthopedic Surgery/Sports Medicine and the Stanford Club Sports Team Physician and directly sees patients at Vaden on Wednesday afternoon, the Arrillaga Sports Clinic on Thursday afternoon, and at the Stanford Hospital Sports Medicine Center in Redwood City on Monday, Tuesday and Friday. Please notify the Club Sports Athletic Trainer when referring to Dr. Fredericson. He can also be emailed
directly with any urgent issues. Athletes with all insurance except for Kaiser can be seen by
him.

**Michael Fredericson, MD, FACSM:** mfred2@stanford.edu

**Vaden Health Center.** This is the campus health center Stanford students with Cardinal Care have access to. Please refer them to the site below if they have not accessed Vaden before. If asked who to see, please refer them over to **Dr. Doug Marania**, the board certified sports medicine physician.


**Douglas Marania, MD:** dmarania@stanford.edu

**Kaiser**- The athlete will need to go to a Kaiser Hospital. The closet one to Stanford Campus is the Redwood City Campus.

**Injury Care Protocols**

**Short Term Injury**

All short term injuries that the Athletic Trainer is comfortable treating should be treated accordingly. If there is no progress in rehabilitation in 4-6 sessions or 2 weeks of intervention, notify Club Sports Athletic Trainer to discuss findings and refer as necessary.

**Long Term Injury**

All long term Injury including surgical interventions season ending injuries will be discussed with the Club Sports Athletic Trainer and will abide by physician’s rehabilitation protocol.

**Concussion Management**

Once the athlete has sustained a concussion, he/she will be removed from activity. The athlete must see the Club Sports Athletic Trainer or a physician at Vaden Health Center following the injury. Athletic Trainer will document event with a copy of the athlete’s SCAT 5. SCAT 5 form is below.
Treatment and return to play may vary depending on the severity of the concussion and duration of that participant’s symptoms. However, no participant will begin exercises to return to play until asymptomatic, and normal cognitive and postural-stability function have returned. Below is the concussion management guidelines published by the Concussion in Sport Group in the 2016 Zurich Consensus Statement that will be abided for the care of the Club Sports athletes.

<table>
<thead>
<tr>
<th>Stages</th>
<th>Rehabilitation Stage</th>
<th>Functional Exercise</th>
<th>Objective</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage 1</td>
<td>Symptom-limited activity</td>
<td>Daily activities that do not provoke symptoms</td>
<td>Gradual reintroduction of work/school activities</td>
</tr>
<tr>
<td>Stage 2</td>
<td>Light Aerobic Exercise</td>
<td>Walking or stationary cycling at slow to medium pace. No resistance training</td>
<td>Increase heart rate</td>
</tr>
<tr>
<td>Stage 3</td>
<td>Sports-Specific Exercise</td>
<td>Running or skating drills, no head-impact activities</td>
<td>Add movement</td>
</tr>
<tr>
<td>Stage 4</td>
<td>Noncontact training drills</td>
<td>Progression to more complex training drills, may begin progressive resistance training</td>
<td>Exercise, coordination, and cognitive load</td>
</tr>
<tr>
<td>Stage 5</td>
<td>Full-contact practice</td>
<td>Following medical clearance, participation in normal training activities</td>
<td>Restore confidence and assessment of functional skills by coaching staff</td>
</tr>
<tr>
<td>Stage 6</td>
<td>Return to play</td>
<td>Normal game play</td>
<td></td>
</tr>
</tbody>
</table>

If the athlete experiences symptoms, at any time during the Return-to-play Protocol, the athlete will return to the previous stage they completed. The athlete should be symptom-free for a 24-hour period before he or she advances from one level of the stepwise return-to-play protocol to the next; therefore, at least 1 week may be required for an athlete to progress through all six levels of the return to play protocol. After completion of the Return-to-play
Protocol, and the team physician’s physical clearance, the athlete may return to play as long as no recurrent signs and symptoms are present.

In cases where the recovery is slow (unresolved deficits greater than 2 weeks) referral to the physician and neuropsychological testing is warranted. Discuss with Club Sports Athletic Trainer for further examination.

Academic support after sustaining a concussion is available with the Office of Accessible Education. The physicians at Vaden Health Center will provide documentation.

If the team that the Athletic Trainer is working with has a concussion management within their national governing body’s by-law please share the information with the Club Sports Athletic Trainer to determine best practice per team.

**Ongoing Communication Protocol during Return to Play**

**Outside doctor/medical care leasing**

If the students chooses to access care outside of Stanford Care Physicians they can. When they do, they need to have their a physician’s note of the following.

- Date of Injury
- Injury
- Limitation
- Rehabilitation protocol
- Return to play time frame
- Understanding of Athletic Trainer involvement in Return to play/Rehabilitation
- Physician’s Signature of Clearance to Return to Play
Professional Standards

An ATC will know the expectation to maintain professional standards while performing tasks

Professional Conduct

Athletic Trainers are expected to conduct themselves in a professional manner at all times. The actions performed reflect not only upon yourself, but on the Club Sports Athletic Training Program and Department of Physical Education and Recreations, and the University.

Customer Service

Customer service and patient satisfaction is of utmost importance. Athletic Trainers should incorporate daily the principles of C-I-CARE

Connect with Compassion by addressing the athlete by the name that they prefer.

Introduce yourself with Integrity by stating your name and your role.

Communicate with Teamwork what you are going to do, how long it is going to take, and how it will impact the athlete.

Ask with Discovery by anticipating the athlete needs, questions, or concerns.

Respond with Respect to athlete’s questions or requests with immediacy.

Exit with Excellence by ensuring all of the athlete’s needs are met.

Confidentiality

Stanford Club Sports Athletes have the right to privacy. All Athletic Trainers will adhere to the Family Educational Rights Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPPA). All Personal Health Information (PHI) and
medical information are considered confidential. Information is store in a secure location digitally and physically.

**Appearance**

Athletic Trainers will maintain professional appearance while providing athletic training coverage. Adhere to organizational dress code standards.

**Communication**

Conduct all interactions with a positive tone.

Use appropriate language, do not initiate or participate in damaging, demeaning, and disrespectful conversations.

Speak only in English or the athlete’s native language when you are with athletes.

Apologize for problems, inconveniences, and delays in service.

Practice attentive and active listening; be patient and hear people out.
Emergency Action Plan

ATC will be able to execute an EAP including the report to appropriate authorities.

What is an EAP?

An Emergency Action Plan (EAP) is a blueprint of the procedures needed to be taken when an emergency situation occurs. Natural, Facility, and Active Threat Emergency is provided. Look at the Appendix for Venue specific medical EAP. The Athletic Trainer at events will recognize emergency situations and direct emergency personnel and communication accordingly.
FIRE - Call 9-911
1. Activate nearest pull station alarm.
2. Notify Building Manager or Building Engineer.
3. Feel doors for heat. If cool, exit carefully. If hot, do not open the door. Stay where you are.
4. If you see smoke, crouch near floor as you exit.
5. If you see fire, confine it by closing doors and windows.
6. Use extinguishers on small fires only if safe to do so. Pull the pin in the handle. Aim at the base of the fire. Squeeze nozzle, sweep back and forth.
7. Never use an elevator during a fire evacuation.
8. Exit the facility and go to the Emergency Assembly Point.
**LIGHTNING**

Use a designated weather watcher and the National Weather Service to monitor local weather.

Identify safe locations from lightning hazard in advance of events, such as a building or fully enclosed space (or car). Unsafe locations include shelters, picnic tables or bus stops, which are partially open to the elements. Towers or trees can also be targets for lighting. Know how long it will take to get to the safe venues and plan accordingly.

**Chain of Command**

Head Coach or Club sports team officers are responsible for making the call to stop practice and to remove team from the field of play.

Athletic Trainer and head official will communicate about game suspension during competition.

**30-30 Rule**

The 30-30 Rule uses the flash to bang method to determine the proximity of lightning in the area. If the flash(lightning) to bang(Thunder) is 30 seconds or less, activity should be suspended immediately and all individuals should leave the area and seek shelter. Wait until 30 minutes after the last round of thunder or lightning flash before resuming activity. Below are safe location at each venue outside club sports utilizes.

<table>
<thead>
<tr>
<th>Field/Venue</th>
<th>Lightning Safety Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Field Hockey Turf Field</td>
<td>Closet Restroom</td>
</tr>
<tr>
<td>Rugby Field</td>
<td>Rugby Club House</td>
</tr>
<tr>
<td>Lacrosse Field</td>
<td>Closet Restroom</td>
</tr>
<tr>
<td>Sandhill Fields</td>
<td>Closet Restroom</td>
</tr>
<tr>
<td>Cobb Track &amp; Angel Field</td>
<td>Closet Restroom, Store</td>
</tr>
<tr>
<td>IM South Field</td>
<td>Closet Restroom</td>
</tr>
<tr>
<td>Tennis Court</td>
<td>ACSR</td>
</tr>
</tbody>
</table>
EARTHQUAKE – Call 9-911 as needed

Inside- take cover immediately, direct others around you under a desk, table, or chair and cover head/neck.

Outdoors- stay in an open area, away from buildings, be alert for aftershocks, avoid potential falling hazards.

FACILITY MALFUNCTION

POWER OUTAGE
1. Locate a flash light in the First Aid Kit.
2. Assess the extent of the outage in your area.
3. Using a desk phone or a cell phone report the outage to the Building Manager.
4. Help people in darkened areas (i.e locker rooms, classrooms, fitness centers, offices, etc.) move to safe locations.
ACTIVE THREAT

Level I BOMB THREAT – Call 9-911

1. Remain calm.

2. If you observe a suspicious object, do not handle the object. Clear the area immediately. Notify management.

3. If you receive a phone call bomb threat:
   a. Obtain as much information as possible about the bomb and relay to EMS, including information about who made the threat (male or female, accent, background noise, etc).
   b. Only evacuate the facility if directed by an officer of the law or if a suspect device is located or observed within the facility. In that instance pull the nearest fire alarm to signal evacuation.
   c. Upon evacuation, if required, find an officer of the law and identify yourself as the person who received the call/threat.
   d. Meet at Emergency Assembly Point (112-4).
   e. Do not enter facility until it has been cleared for reentry.

Level I HOSTAGE SITUATION – Call 9-911

1. If you hear or see a hostage situation: Immediately remove yourself from danger.

2. Notify Building Manager or Building Engineer.

3. Provide location of incident, quantity of hostage takers, your name and your location.

4. If you are taken hostage:
   a. Remain calm, be polite and cooperate.
   b. Speak normally.
   c. Do not attempt to escape.
   d. If possible dial 911.
Level I ACTIVE SHOOTER – Call 9-911

If outside:
1. Drop to the ground immediately, face down as flat as possible. If within 15-20 feet of a safe place or cover, duck and run to it.
2. Move or crawl away from gunfire, trying to utilize any obstructions between you and the gunfire.
3. When you reach a place of relative safety, stay down and do not move.
4. Wait and listen for directions from Public Safety and law enforcement personnel.

If inside a facility:
1. If you can and you deem it safe, get out.
2. Find a hidden location.
3. Find a room that locks, if you can, and find protection behind furniture if possible. Blockade the door with furniture and/or other heavy objects.
4. Close the blinds, turn off the lights, remain quiet, silence cell phones, spread out away from other individuals, and move behind available cover.
5. Make a plan with others in the room about what you will do if the shooter enters.
6. Make a total commitment to action and act as a team with others.
7. Do whatever is necessary to survive the situation.
8. If possible and safe to do so, report the location of the assailant.
9. Wait and listen for directions from Public Safety and law enforcement personnel.
Level I Violence, Threats, Civil Disturbance

1. Be polite.

2. Maintain eye contact.

3. Be courteous and patient.

4. Move and speak slowly, quietly and confidently.

5. Be empathetic to the person and acknowledge the person's feelings. Focus your attention on the person to let them know that you're interested in what they have to say.

6. Maintain a relaxed yet attentive posture and position yourself at a right angle to the person rather than directly in front of the person.

7. Make sure there is 3' to 6' of space between you and the person (beyond arm’s reach.) Arrange yourself so that the person cannot block your access to an exit.

8. Be reassuring and point out choices. Break the big problems into smaller, more manageable problems.

9. If the situation is not easily resolved, call 911.
Accident Reports

All injuries requiring medical attention that occur during club practices or competition, whether to a Stanford affiliate or other person, must be reported to the Club Sports office within 24 hours of the incident via Accident Report. An accident report must be submitted before the injured athlete makes an appointment with the athletic trainer. If the incident happened on campus, please fill out the SU-17 form. If the incident happened off campus, please fill out the injury report form.

Report all serious injuries (life threatening injuries, broken bones, loss of consciousness or conditions requiring hospitalization) immediately to Ken Look at 650-785-4760 or Christian Obando at 650-665-3448. The information will then be provided to Risk Management and other necessary parties as appropriate.
Resources

Hospital Resources
Vaden Health Center: 866 Campus Drive, Stanford, CA, 94305
(650) 498-2336
https://vaden.stanford.edu

Stanford Emergency Room: 900 Quarry Road Extension Palo Alto, CA, 94304
(650) 723-5111
https://stanfordhealthcare.org

Palo Alto Medical Foundation: 795 El Camino Real, Palo Alto, CA 94301
(650) 321-4121

Kaiser Redwood City: 1100 Veterans Blvd, Redwood City, CA, 94063
(650) 299-2000

Stanford Club Sports Office
Club Sports Athletic Trainer: Ken Look- 650-785- 4760. kenlook@stanford.edu.
Website: https://recreation.stanford.edu/athletic-training/

Associate Director of Competitive Sports: Christian Obando at 650-665-3448, obando@stanford.edu
Appendix A
Emergency Action Plans
Roscoe Maples Pavilion
655 East Campus Drive

Coaches and Safety Officers are present for Club Sports Events.

Emergency Equipment:

AED by loading dock in Southeast corner of Pavilion.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete or staff member
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: Dial 911
3. Instruct EMS personnel to “Report to the Maples Pavilion using the Bonair Siding Road entrance. We have an injured student-athlete in need of emergency medical treatment. We are located on the ___ floor in room _____. A team representative will meet you in the Maples Pavilion Parking Lot #11.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:

From East Campus Drive, turn onto Bonair Siding Road and into the Maples Pavilion Parking Lot #11. The loading dock is located on the northeast corner of the parking lot.
Coaches and Safety Officers are present at tennis practices and competitions.

Emergency Equipment:

An AED is located in the Taube Family Tennis Center behind Court 1. First aid supplies are located with the on-site Athletic Trainer and are available via two-way radio communication. Additional emergency equipment is located in the Athletic Training Room in the Arrillaga Family Sports Center: Crutches, vacuum splints, and spine board.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete or staff member
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: **Dial 911**
3. Instruct EMS personnel to “Report to the Taube South tennis courts on Campus Drive East. We have an injured student-athlete in need of emergency medical treatment. We are located __________. A team representative will be waiting for you at the intersection of Sam Macdonald Mall and Campus Drive.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:

From Campus Drive East, make a U-turn at Sam Macdonald Mall. Taube South tennis courts are on the right.
Avery Aquatics Center
235 Sam McDonald Mall

Lifeguards and Safety Officers are present for Swimming and Water Polo practices and competitions.

Emergency Equipment:
AED, First Aid supplies, and spine board are located on-site.

In the Event of an Emergency:

1. Provide immediate care for the injured student-athlete or staff member:
   a. Lifeguard personnel will execute the water rescue—if necessary
   b. Athletic Trainer will assume care after the student-athlete is out of the water
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: **Dial 911**
3. Instruct EMS personnel to “Report to the Avery Aquatic Center using the Galvez Street entrance. We have an injured student-athlete/staff member in need of emergency medical treatment. A team representative will meet you in Varsity Lot #1.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:
From Galvez St., turn onto Nelson Road and proceed to Varsity Lot #1. Stay to the right and access Nelson Mall Road. Turn right at the end of the pool on Avery Mall. The Avery Aquatic Center is located on the right. The facility is accessible using the southeast entrance facing the Arrillaga Family Sports Center.
An Athletic Trainer is present for all Rugby practices and games.

Emergency Equipment:

AED, First Aid supplies, spine board, crutches are located in the on-site practices and competitions.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: Dial 911
3. Instruct EMS personnel to “Report to the Steuber Rugby Stadium using the El Camino Real entrance. We have an injured student-athlete in need of emergency medical treatment. A team representative will be waiting for you on Churchill Mall near the stadium.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:

From El Camino Real, turn onto Churchill Mall and proceed straight. Steuber Rugby Stadium is on the left.

Note to EMS: A rig will NOT fit through the gate off of El Camino.
Cobb Track and Angell Field
193 Galvez Street

Coaches and Safety Officers are present at practices and competitions.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete or staff member
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: Dial 911
3. Instruct EMS personnel to “Report to the Cobb Track and Field using the Galvez Street entrance. We have an injured student-athlete/staff member in need of emergency medical treatment. A team representative will meet you at the entrance to Jordan Payton Plaza.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:

From Galvez St., turn into the Track House parking lot (#6) located near the intersection of Galvez St. and Campus Drive. Field access is located through Jordan Payton Plaza on the North side of the track.
Field Hockey Complex
Nelson Mall

Coaches and Safety Officers are present for club team practices.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: **Dial 911**
3. Instruct EMS personnel to “Report to the Artificial Turf Field at Nelson Mall using the Bonair Siding entrance. We have an injured student-athlete in need of emergency medical treatment. There will be a team representative waiting for you.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:

From Glavez Street turn onto Nelson Road and proceed to Varsity Lot #1. Stay to the right and access Nelson Mall Road. Proceed past baseball fields. The Artificial Turf Field will be located on the left. The access gate is located on the Southwestern Side of the field. **Note to EMS: The rig will NOT be able to drive on to the field.**
Ford Center & Burnham
Pavilion 615 Serra St.

Coaches and Safety Officers are present for practices and competitions.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete

2. Activate Emergency Medical Services (EMS) using Cellular Telephone: **Dial 911**

3. Instruct EMS personnel to “Report to the Ford-Burnham building using the South entrance. We have an injured student-athlete/staff member in need of emergency medical treatment. We are located on the ______. A team representative will be waiting for you in the parking lot.”

4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760

5. Retrieve necessary emergency equipment.

6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:

From Campus Drive, turn onto Serra Street heading West. Burnham Pavilion is located on the right side of the street, past Arguello Way. Turn into the parking lot between Arguello Way and Galvez St. This is the South entrance to Burnham Pavilion. The Ford Center is accessible through Burnham Pavilion.
Intramural Fields (1, 2, & 3) and Lacrosse Turf Field
El Camino Real & Churchill Mall

Coaches and Safety Officers are present for Club Sports practices and competitions.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete or staff member
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: **Dial 911**
3. Instruct EMS personnel to “Report to the intramural fields using the Churchill Mall entrance. We have an injured student-athlete/staff member in need of emergency medical treatment. We are located on the field. A team representative will be waiting for you.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:

1. From Campus Drive: Turn onto Galvez St. heading north, then turn Right on Nelson Rd. Continue onto Nelson Road and proceed to Varsity Lot #1. Stay to the right and access Nelson Mall Road. Proceed past baseball fields.turn left on Churchill Mall. IM El Camino is on the right. Go through the open double gate either on the first field (Game field) or through the open double gate on the Practice field just past the Game field.

2. From El Camino Real: Turn Left onto Churchill Mall.
Coaches and Safety Officers are present for Club Sports practices and competitions.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: **Dial 911**
3. Instruct EMS personnel to “Report to the Arrillaga Outdoor Education and Recreation Center. We have an injured student-athlete in need of emergency medical treatment. We are located in ______. A team representative will be waiting for you.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   a. Open appropriate gates/doors
   b. Designate individual to ‘flag down’ EMS and direct them to the scene
   c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

**Venue Directions:**

1. From Campus Drive: Head West towards the School of Medicine. Past Panama Street and turn left on Santa Teresa Street. The Venue will be on your left.
Arrillaga Center for Sports and Recreation
341 Galvez Street

Coaches and Safety Officers are present for Club Sports practices and competitions.

In the event of an emergency:

1. Provide immediate care of the injured student-athlete
2. Activate Emergency Medical Services (EMS) using Cellular Telephone: **Dial 911**
3. Instruct EMS personnel to “Report to the Arrillaga Center for Sports and Recreation. We have an injured student-athlete in need of emergency medical treatment. We are located in ______. A team representative will be waiting for you.”
4. Notify Event Director and Club Sports Athletic Trainer at 650-785-4760
5. Retrieve necessary emergency equipment.
6. Direct EMS to the scene
   - a. Open appropriate gates/doors
   - b. Designate individual to ‘flag down’ EMS and direct them to the scene
   - c. Control the scene—Limit the scene to first aid providers. Remove bystanders.

Venue Directions:

1. From Campus Drive: Head East from Campus drive. At the traffic circle, take the 1st test onto Galvez Street. The Venue will be on the left.