

COVID-19 SOCIAL DISTANCE PROTOCOLS

AQUATICS

General Rules:

- Be advised that current protocols are subject to change at any time as necessary to comply with federal, state, county orders or regulations and university requirements.
- Everyone must abide by California, Santa Clara County, and Stanford University Health mandates.
- Anyone having any symptoms consistent with Covid-19 or other viral illnesses may not be present at the Avery Recreational Pool and within the Arrillaga Outdoor Education and Recreation Center boundaries.
- Anyone asked to socially distance must comply with employee instructions intended to enforce compliance.
- With the exception of members of the same household, a minimum of 6 feet physical distance between individuals must be maintained in all areas of the Avery Recreational Pool and within the Arrillaga Outdoor Education and Recreation Center boundaries.
- Staff and participants aged 6 years and older must wear masks at all times inside the facility (excluding swimming activity).

Facility Rules:

- Read and follow all signage and markers around the facility.
- Rec swimmers must reserve lanes in advance through Rec and Wellness. No Drop-ins allowed.
- The reserved lanes can be used for a maximum of 1 individual.
- Swimmers are only allowed to enter the facility 5 minutes before the reservation time.
- All personal belongings must be kept in the designated area for the respective program.
- Swimmers must empty the reserved lane at the end of their reservation time.
- Rental checkout equipment will not be available.
- No sharing of any equipment.
- No "person to person contact" (high fives, fist bumps, etc).
- Sneezing or coughing must be done into one's inner elbow or into a cloth item, and no spitting is permitted at any time.
- Members must bring their own water bottle and towel. Bottle filling stations are available for use but drinking fountains are offline.
- Congregating on the pool deck, grass area, or end of the lane lines is not allowed.
- Individual use of the picnic tables, benches, grass area, cement retaining wall, or other leisure areas is not permitted.
- No outside food is allowed.



Locker Rooms:

- Patrons must come in dressed ready to swim. Locker areas and showers will be unavailable for use at this time.
- We encourage swimmers to shower at home before arriving.
- Bathrooms in the locker rooms will be available for use. Capacity will be limited to 5 swimmers at a time in multi-stall bathroom facilities.
- Post Swim:
- A “Swim and Go” policy will be in place and strictly enforced.
- Please remember to take all your personal belongings and equipment with you.
- Congregating around the pool deck, or other areas of the facility is not allowed.

Splash and Dash Hours (including Family Swim)

- We welcome families and participants of the same household/living unit to utilize our Splash and Dash Zones. The reserved zones may be shared with members of the same household/living unit.
- All participants regardless of age must access the facility with an active Stanford University-issued ID card.
- The total number of participants in each Splash and Dash Zone cannot exceed five (5) persons.
- All members of the household/living unit must be in the water and remain in their reserved zone unless supervising their dependent(s).
- Adults may supervise their dependents from the side of the pool and must stay within their reserved zone. Supervising adults may request a chair from the lifeguards on duty.
- A changing table is available in the ADA bathroom stall.
- Personal equipment may only be shared between members of the same household participating in their reservation (excluding items that are meant to be tossed or thrown: including underwater torpedos).
- Personal equipment may only be shared between members of the same household/living unit participating in a reservation.
- USGA life jackets are the only personal flotation devices approved for use as the shallowest part of the pool is 4 ft. 6 in.

