How to Sign Up for a 'Virtual Recreation Access Membership'
When visiting recwell.stanford.edu, click on 'Access Memberships'.
Click on 'Virtual Recreation Access Membership' to apply a new membership.
Membership Summary
Virtual Recreation Access Membership

This membership is an acknowledgement of our liability. By accepting this membership, you will have access to register for our virtual group fitness offerings.

Member Name: 
Select Duration: 1 YEAR $0.00

Click ‘1 Year’ to activate the membership.
1. Confirm that the horizontal bar is red.

2. Click 'Add to Cart'
Waiver - Stanford RecWell Virtual Programs Waiver

Memberships

Please read the following waiver carefully

Stanford University

Department of Athletics, Physical Education and Recreation

Assumption of Risk, Release of Claims, and Hold Harmless Agreement

PLEASE USE SCROLL BAR TO GET BOTTOM OF WAIVER TO ELECTRONICALLY SIGN DOCUMENT

The parties to this Release are________________________ (Participant),________________________ (Participant’s parent(s) or legal guardian, if Participant is under 18, all referred to hereafter jointly and severally as “Participant”) and the Board of Trustees of the Leland Stanford Junior University its officers, trustees, faculty, agents, contractors, representatives, volunteers, students and employees (collectively referred to hereafter as “Stanford”) for the virtual online Stanford University Program (“Stanford Program”).

Participant acknowledges that the virtual online Stanford Program may include, but is not limited to, virtual instruction, workouts, workshops, physical activities, skill training, drills, camps or any other content led remotely by video, group chat, one-on-one chat, prior recording, or any other electronic means provided by Stanford and hosted on a third party platform. Participant is a voluntary participant in the Stanford Program, and acknowledges and agrees the Stanford Program is not specifically tailored to the Participant and/or their ability, skill, knowledge and/or surrounding environment. Participant understands and agrees that such activities may be dangerous, physically demanding and or strenuous. Participant is responsible for reviewing the Stanford Program materials, asking any clarifying questions, and making a determination as to whether the Participant is physically fit enough and capable to participate in the Stanford Program. Participant agrees not to engage in any activity beyond Participant’s capabilities. Participant is apprised that Stanford will not be subject to claims or suit to be made by or on behalf of Participant or Participant’s heirs, representatives or assigns as a consequence of Participant’s participation in the Stanford Program.
Sign your name after clicking the gray box at the bottom of the waiver.
verify your signature appears below the waiver and click ‘sign now’.

constitute or imply any endorsement, recommendation or association with those websites, the materials contained therein or the sponsoring entities.

**severability.** it is understood and agreed that, if any provision of this agreement or the application thereof is held invalid, the invalidity shall not affect other provisions or applications of this agreement which can be given effect without the invalid provisions or applications. to this end, the provisions of this agreement are declared severable.

**governing law and venue.** this agreement shall be construed in accordance with, and governed by, the laws of the state of california. the venue for any action arising out of this agreement shall be the county of santa clara, state of california. the parties agree to submit to jurisdiction in santa clara county, california.

**construction and scope of agreement.** the language of all parts of this agreement shall in all cases be construed as a whole, according to its fair meaning, and not strictly for or against any party. this agreement is the only, sole, entire, and complete agreement of the parties relating in any way to the subject matter hereof. no statements, promises, or representations have been made by any party to any other, or relied upon, and no consideration has been offered or promised, other than as may be expressly provided herein. this assumption of risk, release of claims, indemnification, and hold harmless and agreement supersedes any prior or contemporaneous written or oral understandings or agreements between the parties.

**photo/video release.** stanford university shall not record, reproduce, and/or publish photographs, video, other digital representations, and/or audio that may pertain to participant, including participant’s image, likeness and/or voice while participating in the virtual online stanford program.

participant acknowledges that they have read this assumption of risk, release of claims and hold harmless agreement, understands its meaning and effect, and agrees to be bound by its terms.
**Refund Policy**

Participants enrolled in a program or class may transfer or withdraw until 7 days prior to the program start date. Transfers or refunds within 7 days, but before the program start date, will result in a $50 processing fee. No refunds will be given after the program start date.
Your order was processed successfully

Payment was Successful
A receipt has been sent to you.

You will receive this confirmation and a follow up email if registration is successful.

<table>
<thead>
<tr>
<th>Item</th>
<th>Customer Name</th>
<th>Quantity</th>
<th>Unit Price</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virtual Recreation Access Membership</td>
<td></td>
<td>1</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
</tbody>
</table>

O-131020

Subtotal: $0.00
Tax: $0.00
Total: $0.00
How to Register for a Virtual Fitness Class
<table>
<thead>
<tr>
<th>Classification</th>
<th>All Categories</th>
<th>Monday 12-12:50 PM</th>
<th>Monday 4-4:50 PM</th>
<th>Monday 5-5:50 PM</th>
<th>Tuesday 7-7:50 AM</th>
<th>Tuesday 11-11:50 AM</th>
<th>Tuesday 10-10:50 AM</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Classifications</td>
<td>Mondays: Barre Sculpt with Carmen</td>
<td>$0.00</td>
<td>Mondays: Barre Fusion with Linda</td>
<td>$0.00</td>
<td>Mondays: Hatha Yoga with Nicole</td>
<td>$0.00</td>
<td>Tuesdays: Total Body Bootcamp with Lori</td>
</tr>
<tr>
<td>Adventure Program Courses</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aquatics</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Climbing</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CPR SERT Training</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Facility Access Main Campus</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Facility Access SRWC</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Group Fitness</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Quarter</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fall Quarter 2020</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Winter Quarter 2021</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Category</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>All Categories</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Virtual Group Fitness</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Group Fitness</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Click the class you would like to register for.
Program Details
Mondays: Hatha Yoga with Nicole: $0.00

Hatha Yoga is a well-balanced yoga practice, allowing you room to breathe, tune into your body and experience the yoga asanas with steadiness and ease.

The Zoom link will be sent out in your confirmation email. The first attachment in the email will also allow you to add the class and link to your calendar! Classes can be joined up to 10 minutes prior to the scheduled start time.

Program Instances

Monday, January 4, 2021
5:00 PM - 5:50 PM
999 spot(s) available
REGISTER

Monday, January 11, 2021
5:00 PM - 5:50 PM
999 spot(s) available
REGISTER

Monday, January 25, 2021
5:00 PM - 5:50 PM
999 spot(s) available
REGISTER

Monday, February 1, 2021
5:00 PM - 5:50 PM
999 spot(s) available
REGISTER

Monday, February 8, 2021
5:00 PM - 5:50 PM
999 spot(s) available
REGISTER

Monday, February 22, 2021
5:00 PM - 5:50 PM
999 spot(s) available
REGISTER
Shopping Cart

Program: Mondays: Hatha Yoga with Nicole
Program instance: Mon, Jan 4 2021 5:00 PM to 9:50 PM

<table>
<thead>
<tr>
<th>Item</th>
<th>Customer Name</th>
<th>Quantity</th>
<th>Unit Price</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>1</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
</tbody>
</table>

Enter promo code... [APPLY]

Click ‘CONTINUE SHOPPING’ to add more classes.
Click ‘CHECKOUT’ when you’re done.

Refund Policy

Participants enrolled in a program or class may transfer or withdraw until 7 days prior to the program start date. Transfers or refunds within 7 days, but before the program start date will only be issued if a waiting list is active for the program and must be authorized by the Program Coordinator. Once the program has begun only a pro-rated credit will be issued. Programs, camps or classes may be cancelled if minimum registration numbers are not obtained prior to the start date. In this case a full refund will be issued. If a class is cancelled by Registration, Unused class credits will be refunded at the next available time.
DO NOT apply any payment information (Virtual Fitness Classes are free). Click 'Checkout'.

Refund Policy

Participants enrolled in a program or class may transfer or withdraw until 7 days prior to the program start date. Transfers or refunds within 7 days, but before the program start date will only be issued if a waiting list is active for the program and must be authorized by the Program Coordinator. Once the program has begun, only a pro-rated credit will be issued.

Programs, camps or classes may be cancelled if minimum registration numbers are not obtained prior to the start date. In this case, a full refund will be issued. If a class is cancelled by the Stanislaus County Parks and Recreation Department, you will be reimbursed by the amount paid for the class.
You will receive this confirmation and a follow up email if registration is successful.

Your order was processed successfully

<table>
<thead>
<tr>
<th>Item</th>
<th>Customer Name</th>
<th>Quantity</th>
<th>Unit Price</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program: Mondays: Hatha Yoga with Nicole</td>
<td></td>
<td>1</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
</tbody>
</table>

Program Instance: Mon, Jan 4 2021 5:00 PM to 5:50 PM

Subtotal: $0.00
Tax: $0.00
Total: $0.00
Mondays: Hatha Yoga with Nicole Details

Hello

Your documents for Mondays: Hatha Yoga with Nicole are attached.

Join the session by clicking the link below and logging into the portal.

JOIN SESSION

– or –

Copy and paste the following URL into your browser.

https://recwell.stanford.edu/join/1461aa2d-cb2b-47e7-9696-8146c66331d6